

CENTER FOR HOPE



THANKS TO A CAMP PERKINS ATTENDEE FOR DONATING THIS PHOTO!

QUARTERLY REPORT JULY-SEPTEMBER 2023

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This report provides highlights of the people, priorities, and projects that create the character of Center for Hope.

Center for Hope plays a crucial and active role in the Eastern Idaho recovery community. A commitment to reach rural areas is a defining purpose that underlies all strategy and project decisions at Center for Hope.

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THANK YOU
Ali Hayden
for your generous
funding, which
enabled C4H to
support recovery
festivals
throughout the
region!



**UNITED
WAY**
HELPS TO
PROVIDE THE
RESOURCES WE
NEED TO TO HELP
OUR CLIENTS FEEL
AT HOME.
THANK YOU!

A WORD FROM OUR DIRECTOR

SAMHSA's current definition of recovery is "a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential."

At Center for Hope, we are devoted to that process. I can't think of a more meaningful way to spend my time than to affiliate with the staff and clients who pass through our doors every day. From frisbee golf to football, educational evenings to grief work, or holiday celebrations to simple family activities, Center for Hope creates opportunities for connection and empowerment.

This work is a privilege. Thanks to the members of the recovery community who are dedicated to elevating themselves and others.

Benji Pedroza and Kyle Woodworth--your efforts are inspiring!



RECOVERY COACHES & EDUCATIONAL PROGRAMS



GROUPS

Self Help – 4527
Triggers – 183
Speaker mtgs – 75
Veterans group – 217



EDUCATION

Grief & Loss Group – 66
Start Where You Are – 196
(IFCRC)
Strengthen the Base - 190
(Parenting)

GROUPS & EDUCATION: Numbers refer to the total visits in the quarter
RECOVERY COACHES & TREATMENT COURTS: Numbers refer to individual clients.
ACTIVITIES: In case of one-time events, numbers refer to total individual participants (see next page)

RECOVERY COACHES / CRISIS CENTER



Warm Handoffs 99
New Referrals – 114
Recovery Coach Contacts 148
Center for Hope Recovery Coaching
New Referrals 12
Contacts 224

TREATMENT COURTS/3 RECOVERY COACHES



Individuals – 202
Total Contacts - 804

RECOVERY IN ACTION

Peer-based recovery centers are built on the premise that connection is essential to recovery. Center for Hope is strongly committed to supporting the diverse interests of our clients, as this list of activities makes evident.

We also recognize the same the same principle is true for community organizations. We need each other--so striving to give back and to be a team player is vital. Additionally, we believe in civic responsibility. C4H seeks to initiate and contribute to dialogue that builds common ground and mutual respect.

Literally hundreds of recovery community members have engaged in constructive community activities this quarter. Thank you to our staff, clients, and community!



JULY

7/4 4th of July Parade - 70
7/8 Rock Painting - 15
7/11 Fentanyl Town Hall meeting - 88
7/22 Tie Dye - 30
7/27 Served at City of Refuge - 55
7/28 Block Party - 100
7/29 Painting - 20
Softball x4 - 80

AUGUST

8/13 Rock Painting - 16
8/16 Mesa Falls Hike - 60
8/19 Cosmic Bowling - 19
8/23 Served at City of Refuge - 48
8/26 Bingo - 10
8/31 Overdose Awareness Rally - 150+
Softball x4 - 80

SEPTEMBER

9/1 Idaho Falls Recovery Fest - 200
9/14 Fort Hall Recovery Fest - 50
9/15 Pocatello Recovery Fest - 150
9/19 Walk a mile in her shoes - 75
9/24 Salmon Recovery Fest - 125
9/28 Served at City of Refuge - 55
9/30 Gardening/Planting - 21
9/30 Frisbee Golf - 18
Softball x5 - 100

Every life is immeasurably valuable, and every person who successfully recovers makes a profound difference for our society. I am inspired by those walking that difficult and sometimes winding road to recovery, and the countless community organizations, justice professionals and volunteers who walk alongside them.

--Assistant Attorney General Amy L. Solomon, U.S. Department of Justice

JOINING OUR LOCAL FESTIVAL



Recovery Festival in Idaho Falls was a powerful experience. From partners in the community coming together to share what they offer to those with a mental health disorder and substance use disorder, to the food, and to our speakers, the shared strength was evident. This year our speakers ranged from Bonneville County captain Tony Glen, to a friend in long term recovery, Archie Swensen, and finally Derek Emery, who was recently pardoned. We, here at the Center for Hope, are proud and honored to be recovering out loud with others in our community!

--Grace



SUPPORTING RURAL RECOVERY

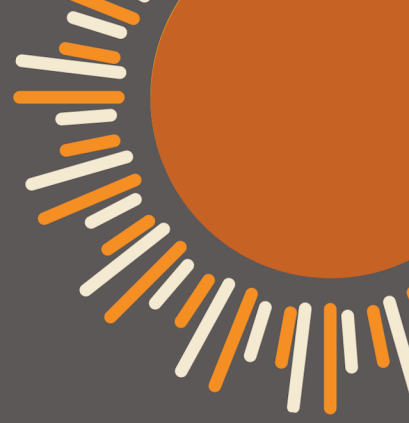


We attended the first annual Salmon Recovery Festival in September. We had 9 staff and 4 recovery advocates go on the trip and participate in this event. There was music, food, speakers, and resource tables. There were over 100 in attendance, and it was held at a park along the Salmon River. Most of all, it was a celebration of recovery, and the Salmon Recovery Community came out in force. We met new friends, took in beautiful sights and walked away with much gratitude for the lives we get to live today.

--Nancy



RECOVERY IS...



*Recovery is sharing sober activities
with family*



*Recovery is supporting
community partners*



Recovery is celebrating milestones (like drug court graduation)

RECOVERY IS...TOGETHER



Recovery is teamwork



*Recovery is laughing with people who
want you to be you*



Recovery is learning together

IN THEIR OWN WORDS

Late last spring, some members of the recovery community requested that one round of *Start Where You Are* be devoted to storytelling. We spent nine Thursday nights exploring, listening, and being inspired by one another. For the next few quarters, we want to share the strength, insights, and talents of the writers we're lucky enough to affiliate with at Center for Hope. Enjoy!

Gifted with a chance
Not a play on my name
Opportunity to succeed
If I stay away from the game

It's hard to be something
I've never been
A father
A son
A faithful husband

Loyal to the game
And fiends I called friends
Where are they now
It's just me in the end

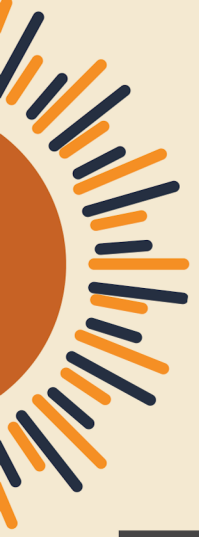
-Chance

Emotions are like a trailer hitch to the shin. I close my eyes and flashes of my past rush through my mind. Like burning ditches in the summer. Who I was is gone like lost socks in the wash. Wouldn't that be nice to be washed clean. No foul memories or seeing that monster in the mirror. Looking back hurts this heart I've found. But I've finally felt the ground under my feet. My senses are sharp and aware. My eyes are open.

-Zack Mahan

Bright white light
The pain of a rock in the back of my head
The male voice telling me to hold my breath

-Brenda



REFLECTIONS

FROM

CAMP PERKINS



While Center for Hope doesn't sponsor Camp Perkins, we recognize the fundamental value of recovery retreats and applaud statewide efforts to build safety and support networks.

This year, 65 women attended--the largest number in 10 years!



The women's retreat at Camp Perkins is an amazing experience that rejuvenates my soul. I love the opportunity to connect with women in recovery from across our beautiful state. My experiences at Camp Perkins have allowed me to grow and cultivate new friendships, make incredible memories, all while in the middle of "God's country"!

Every year, I gain new insight to myself and grow in my own spiritual journey. I feel blessed that I have been able to attend the camp for the past few years - I look forward to creating new memories and meeting new friends in recovery.

Melissa G.





*We are committed to inclusivity, creativity, and
innovation as we seek to help our clients flourish*

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