

CENTER FOR HOPE

QUARTERLY REPORT
JULY-SEPTEMBER 2025



TABLE OF CONTENTS

This report provides highlights of the people, priorities, and projects that create the character of Center for Hope.

Center for Hope plays a crucial and active role in the Eastern Idaho recovery community. A commitment to reach rural areas is a defining purpose that underlies all strategy and project decisions at Center for Hope.

A Word From Our Director	3
Recovery Coaches, Education, & Community Support	4
Suicide Awareness	5
Recovery In Action	6
Recovery Fest	7
History & Evolution of National Recovery Month	8



UNITED WAY

HELPS TO PROVIDE
THE RESOURCES
WE NEED TO
HELP OUR CLIENTS
FEEL AT HOME.
THANK YOU!

"One day, you will tell your story of how you overcame what you went through and it will be someone else's survival guide."

— Brené Brown

A WORD FROM OUR DIRECTOR

We've all heard it said that *the one thing that stays constant is change*.

In the world of recovery, change is both an aspiration and a risk. It's a privilege to spend every working day with people who believe in the power of change and are putting in the work to alter self-defeating patterns and embrace their full potential.

It's also true that an individual being released from prison or accepting their certificate of graduation from a treatment court program is likely to face a wide divide between where they stand at the moment and where they hope to be.

The message from Center for Hope is clear: as you navigate the many difficult changes before you, please trust the people, processes, and people who recognize your value and support your efforts to become who you're made to be.

We are here for you!



RECOVERY COACHES, EDUCATION, & COMMUNITY SUPPORT

4,610

Self Help visits
this quarter

Groups

Idaho Falls

Self Help – **4,457**

Triggers – **157**

Veterans Group – **168**

Grief & Loss – **65**

Rexburg

Self Help – **153**

Education

Idaho Falls

Parenting – **110**

Start Where You Are – **105**

Leadership – **120**

Rexburg

GED – **67**

Budgeting – **36**

Recovery Coaching/Peer Support

Center for Hope

New – **40**

Active – **112**

Crisis Center

Warm Handoffs – **84**

New – **45**

Active – **130**

Treatment Courts

New – **13**

Active – **76**

Community

Narcan Distribution – **284**

Computer Lab – **121**

Referrals to MAT – **50**

GROUPS & EDUCATION: Numbers refer to the total visits in the quarter

RECOVERY COACHES & TREATMENT COURTS: Numbers refer to individual clients.

ACTIVITIES: In case of one-time events, numbers refer to total individual participants (see next page)

SUICIDE AWARENESS

a meaningful event of compassion and connection

Center for Hope provides suicide prevention trainings on a quarterly basis



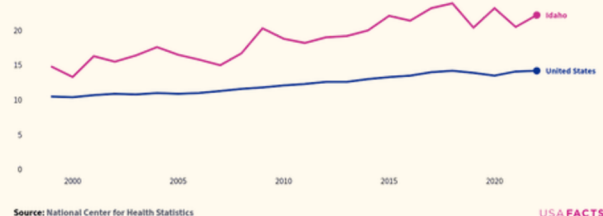
Jimmy Bicking, a Certified Peer Recovery Coach/Peer Support Specialist discusses his experience of attending a Suicide Awareness event at Rigby Lake.

On the weekend of September 27th, Mark Cukurs (Center for Hope Assistant Director) and I attended a suicide awareness event at Rigby Lake that was both moving and meaningful.

As we waited for the sun to set, we had the opportunity to visit with individuals and families that had lost loved ones.

After the sun went down, people gathered along the water's edge to honor loved ones lost and to show support for those still struggling.

The suicide rate in Idaho has increased by 43.2% over the past 20 years.



We lit the candles and placed them on the lake, watching them drift across the water almost illuminating the sky. This truly reminded everyone that no one is alone in their pain.

It was a powerful experience highlighting the importance of compassion and connection and continuing to talk about mental health and suicide prevention.



RECOVERY IN ACTION

IDAHO FALLS

Community Youth in Action block party
(Esquire Park) – **480**
INL Resource Fair (Idaho Falls location)
– **900**
INL Resource Fair (site location) – **1,000**
Community Youth in Action block party
(Central Park) – **515**

Fort Hall Recovery Festival – **200**
Idaho Falls Recovery Festival – **400**
United Way Greet and Meet – **28**
Sober Softball – **240**
UFC x3 – **80**
Painting – **54**
Kickball – **30**

REXBURG

Experience Rexburg Resource Fair – **1,000**
Lights on the Lake – **150**
Fitness Tuesday – **72**
Jurassic World – **12**
Warm River Float – **23**

*“A sense of belonging within
a recovery community
provides the foundation for
sustained healing,
accountability, and hope.”*

*—Adapted from SAMHSA
principles of recovery*



RECOVERY FEST

celebrating the gift of recovery

In honor of National Recovery Month, Center for Hope held their 4th Annual Recovery Fest at Freeman Park on September 19th. Recovery Coach Michelle Smoley shares her experience in her own words.

The 4th Annual Recovery Fest event brought our community together for a day of hope, healing and connection in support of all things' recovery. We featured resource tables from 28 community partners offering information on treatment options, support services, mental health tools, housing resources and community assistance.

Over 400 people from all walks of recovery were in attendance. The three guest speakers were Sheriff Sam Hulse, Recovery Coach Nicole Baldwin and Lean On Me Owner/Operator, Eric Davenport.



All three expressed their genuine gratitude for the festival and the opportunity to share their stories and hope to help break stigma and encourage long term recovery. Food was provided free of charge and there were also free T-shirts and a raffle where donated prizes were raffled off to every person that came. The grand prize was a 75" TV and was won by a PWCC peer that reentered our community in 2024 and has been doing well ever since thanks to consistent support and pro social events like Recovery Fest.

Entire families were welcomed and the whole community enjoyed an afternoon of fellowship and connection with others who share a commitment to building a stronger, healthier and more supportive community for all. Together, we celebrated the gift of recovery.



NATIONAL RECOVERY MONTH

History & Evolution

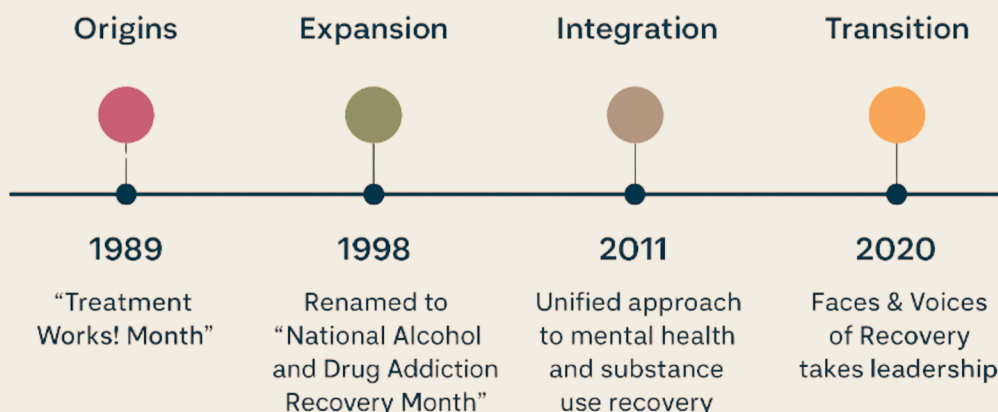
Each September, organizations across the United States observe National Recovery Month, an initiative promoting awareness and understanding of mental health and substance use recovery. This observance celebrates the strength and achievements of individuals in recovery, honors the professionals who support them, and underscores the message that **recovery is possible for everyone**.

National Recovery Month was launched in 1989 by the Substance Abuse and Mental Health Services Administration (SAMHSA). Originally known as Treatment Works! Month, the campaign highlighted the effectiveness of treatment for substance use disorders and celebrated the dedication of service providers (SAMHSA, 2011).

By 2011, the observance became National Recovery Month, encompassing both mental health and substance use recovery. This shift reflected SAMHSA's integrated behavioral health approach, recognizing the interconnected nature of mental and emotional well-being (SAMHSA, 2011). The campaign now promotes recovery as a lifelong journey toward improved health, purpose, and community connection.

At Center for Hope, we strive to advocate for the recovery community at both the regional and state level. By actively participating in National Recovery Month, we help to inspire hope, raise awareness, reduce stigma, and highlight recovery success stories.

The History and Evolution of National Recovery Month





***We are committed to inclusivity,
creativity, and innovation as we seek to
help our clients flourish***

*This report is created by Center for Hope
and Center for Hope South teams*